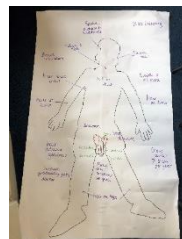




Achieving Success Together

Curriculum Overview: Personal, Social and Health Education (PSHE) including Relationships and Sex Education (RSE)



School Vision:

Our Teachers... are creative, engaging and adventurous, offering an excellent curriculum that challenges and inspires to ensure every child is **ACHIEVING**.

Our Children... learn resilience and are happy, confident and independent learners who thrive on celebrating their **SUCCESS**.

Our School...is a safe and nurturing environment, where everyone works **TOGETHER** to role model our core values of respect, trust and honesty.

Intent:

We aim for our children to achieve positive relationships and healthy, safe lifestyles. We work together to develop lifelong skills for a successful future.

- Teaching in RSHE is relevant to children's lives and experiences.
- We meet the needs of all children's diverse experiences – including those with special educational needs and disabilities.
- We promote safe, equal, caring and enjoyable relationships and talk about real-life issues appropriate to the age and stage of children, including: friendships, money and work, families, consent, relationship abuse, health, first aid, sexual exploitation, emotional wellbeing, asking for help and safe relationships online. This includes teaching children on the dangers of drug and alcohol misuse.
- We create a safe environment for learning where children feel comfortable to talk and share feelings.
- We give a positive view of sexuality, with honest and medically accurate information, so that children can learn about their bodies and sexual and reproductive health in ways that are appropriate to their age and maturity.
- We foster gender equality and LGBTQ+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination in RSHE lessons and in every-day school life.

Enrichment

- Nurture activities
- Mindfulness activities and clubs
- Visitors to talk about different jobs
- Assemblies about sun safety, water safety
- Road and bike safety workshops
- Rail safety visitors and assemblies
- Visitors in school such as Firefighters

Implementation:

Year group	Autumn topics		Spring topics		Summer topics	
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Reception	How do we know how we feel?	What helps us stay safe and healthy?	Who is special to us and how do I look after them?	What do I like?	What does private mean?	What helps us stay safe and healthy?
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?	How can the media influence people?	What will change as we become more independent? How do friendships change as we grow?			