



Achieving Success Together

Curriculum Overview: PE

School Vision:

Our Teachers... are creative, engaging and adventurous, offering an excellent curriculum that challenges and inspires to ensure every child is **ACHIEVING**.

Our Children... learn resilience and are happy, confident and independent learners who thrive on celebrating their **SUCCESS**.

Our School...is a safe and nurturing environment, where everyone works **TOGETHER** to role model our core values of respect, trust and honesty.

Intent:

Browick Road Primary and Nursery School aims to provide opportunities for pupils to become physically confident and supports their health and fitness. At the school, we offer pupils the opportunity to compete in sports, in order to help build character and reinforce values such as fairness and respect. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in individual and team based physical activities.

Enrichment:

Inter-school **competitions and festivals**.

Celebration of sporting achievements in assembly and on the sporting achievements board.

Extra-curricular sports clubs, including: football, dance, gymnastics and multi-skills.

Links to **local clubs** in the area.

Curriculum enhancement days to develop the whole child.

Learning about being part of **worldwide sporting events**, such as the Olympics.

Implementation:

Year group	Autumn topics		Spring topics		Summer topics	
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Reception	Physical development	Real PE – personal, co-ordination and static balance	Real PE – cognitive, dynamic and static balance	Real PE – creative, co-ordination and counterbalance	Real PE – physical, co-ordination and agility	Real PE – health and fitness, agility and static balance
	Physical development	Physical development	Physical development	Real gym	Real Dance	Athletics
Year 1	Real PE – personal, co-ordination and static balance	Real PE – social, agility and static balance	Real PE – cognitive, dynamic and static balance	Real PE – creative, co-ordination and counterbalance	Real PE – physical, co-ordination and agility	Real PE – health and fitness, agility and static balance
	Real Dance	Yoga	Real Gym	Tennis	Striking and fielding	Athletics
Year 2	Real PE – personal, co-ordination and static balance	Real PE – social, agility and static balance	Real PE – cognitive, dynamic and static balance	Real PE – creative, co-ordination and counterbalance	Real PE – physical, co-ordination and agility	Real PE – health and fitness, agility and static balance
	Real Dance	Yoga	Real Gym	Tennis	Striking and fielding	Athletics
Year 3	Real PE – personal, co-ordination and static balance	Real PE – social, agility and static balance	Real PE – cognitive, dynamic and static balance	Real PE – creative, co-ordination and counterbalance	Real PE – physical, agility and static balance	Real PE – health and fitness, agility and static balance
	Tag rugby	Real Dance	Real Gym	Tennis	Kwik cricket	Athletics
Year 4	Real PE – personal, co-ordination and static balance	Real PE – social, agility and static balance	Real PE – cognitive, dynamic and static balance	Real PE – creative, co-ordination and counterbalance	Real PE – physical, agility and static balance	Real PE – health and fitness, agility and static balance
	Tag rugby	Real Dance	Real Gym	Tennis	Kwik cricket	Athletics
Year 5	Real PE – personal, co-ordination and agility	Real PE – social, dynamic and counterbalance	Real PE – cognitive, co-ordination and static balance	Real PE – creative and static balance	Real PE – physical, static balance and agility	Real PE – health and fitness, co-ordination and agility
	Tag rugby	Real Dance	Real Gym	Tennis	Kwik cricket	Athletics
Year 6	Real PE – personal, co-ordination and agility	Real PE – social, dynamic and counterbalance	Real PE – cognitive, co-ordination and static balance	Real PE – creative and static balance	Real PE – physical, static balance and agility	Real PE – health and fitness, co-ordination and agility
	Tag rugby	Real Dance	Real Gym	Tennis	Kwik cricket	Athletics