



Week ① ② ③

Fresh Ideas Feeding Minds

Allergen Aware Menu

Autumn & Winter



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS | NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS

Monday



Cheese and Tomato Pasta Bake (Ve)

Tuesday



BBQ Pork Meatballs in a **Homemade Roll** with Potato Wedges

Wednesday



Chicken Pie with Roast Potatoes and Gravy

Thursday



Chicken Curry with Steamed Rice

Friday



Fish Fingers with Chips

Alternatively



Tex Mex Chilli with Steamed Rice (Ve)

Alternatively



Jacket Potato with **Tuna (No Mayo)**, Baked Beans and/or **DF Cheese**

Alternatively



Cheese and Potato Pie with Gravy (Ve)

Alternatively



Vegemince Bolognese with **Pasta (Ve)**

Alternatively



Garden Vegetable Goujons with Chips (Ve)



Homemade Cocoa Cake

Iced Fruit Smoothie

Fresh Fruit Selection

Homemade Apple Sponge with Custard

Homemade Ginger Shortbread

Week One: 2 Nov | 23 Nov | 14 Dec | 18 Jan | 8 Feb | 8 Mar – Fresh Fruit Available Daily



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Monday



Margherita Pizza
with Potato Wedges (Ve)

Tuesday



Mexican Chicken Flatbread with Steamed Rice

Wednesday



Roast Chicken with Mashed Potato and Gravy

Thursday



Pork Bolognese with **Pasta**

Friday



Chicken Goujons with Chips

Alternatively



Winter Vegetable Pasta Bake (Ve)

Alternatively



Vegetarian Mexican Flatbread with Steamed Rice (Ve)

Alternatively



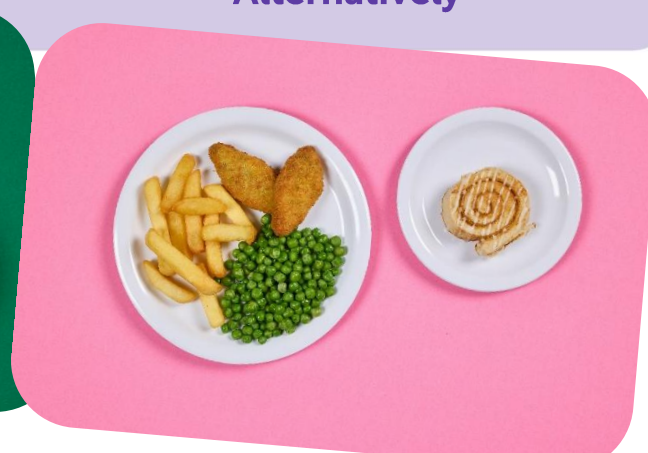
Vegetarian Cottage Pie with Gravy (Ve)

Alternatively



Jacket Potato with **Tuna (No Mayo)**, Baked Beans **and/or DF Cheese**

Alternatively



Garden Vegetable Goujons with Chips (Ve)



Homemade Banana Cupcake

Fresh Fruit Selection

Homemade Flapjack with Apple Wedges

Homemade Cocoa Sponge with Cocoa Sauce

Homemade Cinnamon Bun

Week Two: 9 Nov | 30 Nov | 4 Jan | 25 Jan | 22 Feb | 15 Mar - Fresh Fruit Available Daily



Week 1 2 3

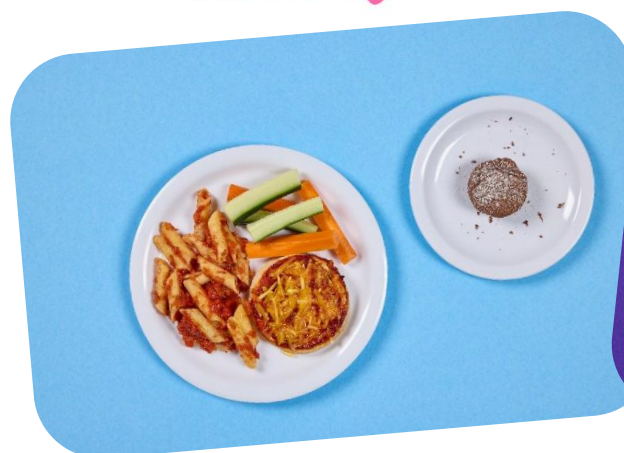
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Autumn & Winter



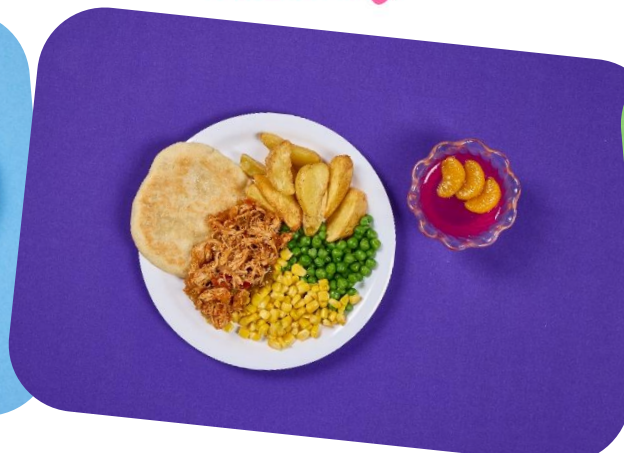
NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS | NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS

Monday



Margherita Pizza
with Tomato Pasta (Ve)

Tuesday



Chicken Fajita with **Homemade Flatbread** and Potato Wedges

Wednesday



Pork Sausages with
Mashed Potato and Gravy

Thursday



Chicken and
Tomato Pasta

Friday



Fish Fingers
with Chips

Alternatively



Loaded Tomato
and Bean Bake (Ve)

Alternatively



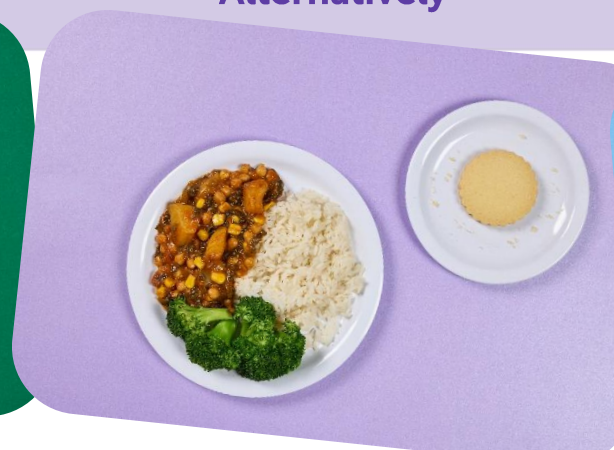
Jacket Potato with **Tuna (No Mayo)**,
Baked Beans **and/or DF Cheese**

Alternatively



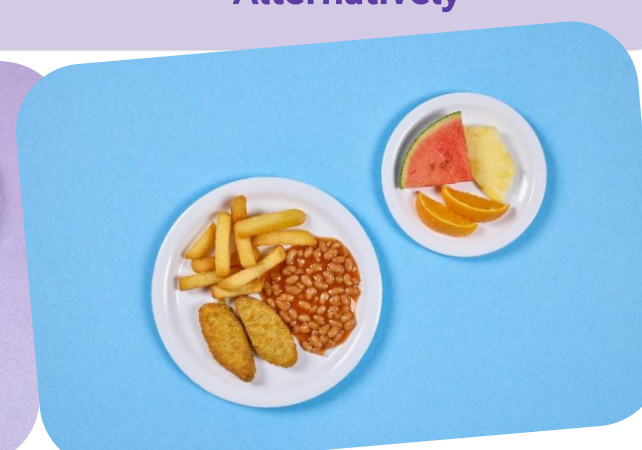
Cheese and Potato Pie
with Gravy (v)

Alternatively



Vegetable Curry with
Steamed Rice (Ve)

Alternatively



Garden Vegetable Goujons
with Chips (Ve)



Homemade
Cocoa Cupcake

Fruit Jelly

Homemade
Oaty Cookie

Homemade
Shortbread

Fresh Fruit
Selection

Week Three: 16 Nov | 7 Dec | 11 Jan | 1 Feb | 1 Mar | 22 Mar - Fresh Fruit Available Daily